

Letterkenny Athletic Club Registration Form



Definitions:

Juvenile – Person under 18 years of age

Student – Person under 23 years of age and in full time education

Family – One or two adults and children who are juveniles as defined above

Senior – Person over 18 years of age and not a student as defined above.

Senior non user of club facilities – This membership is for people who are competing for the club in non AAI events but do not use club facilities (This category of membership is limited and is usually reserved for athletes ordinarily resident outside the County and is at the discretion of the Club Committee).

Volunteer – Person who does not participate directly in the physical activities of the club and does not use club facilities.

Introductory Membership - This membership is for people who wish to be associated with the club for the purposes of getting fit and may take part in some training sessions, but do not intend to race in Athletics Ireland Championship Races. However, this membership rate is only for the first year of membership and thereafter, the member must choose one of the category of memberships above. The rate applies to individuals who are new to athletics and does not apply to transferees from other clubs.

PLEASE COMPLETE ONLY ONE SECTION ONLY

Section A Juvenile/Student Membership

Section B: Family Membership

Section C Senior Membership

Section D Senior non user of club facilities

Section E Volunteer

Section F Introductory Membership

Section G 24/7 Triathlon Club Members

Section A: Juvenile/Student /

**(Fee €50 first child and €25 for each child after from same family
(fourth and subsequent children free)**

Name of Juvenile/Student/ (1) _____ Date Of Birth _____

Name of Juvenile/Student (2) _____ Date Of Birth _____

Name of Juvenile/Student (3) _____ Date Of Birth _____

Address of household _____

Contact Telephone No: _____ (Home) _____ (Mobile)

Email _____

Doctor's Name, Address, Contact No: _____

Include details of any medical condition/allergy/medication/special needs or dietary requirements:

I declare that I consent for my child/children to join the Letterkenny Athletic Club I understand that this is of my own choosing and that no liability will be placed on the club or committee for any injuries sustained, or for any property lost while training or participating for the club. I confirm that my child/children have no medical disabilities, which would endanger them or others. I have read and accept the conditions and rules set down by Letterkenny Athletic Club for athletes and consent to my child/children training and travelling to events. I agree to abide by the rules of the club and ensure that my child/children are aware of same. I understand that my child will be suspended from the Club if he/she is found to be using any facility in the Aura Leisure Centre outside of the athletics track, changing and showering facilities without paying the requisite payment or becoming a member of the Aura Leisure Centre. Please refer to entitlements of Letterkenny Athletic Club members in the Aura Leisure centre at appendix 1.

Parents/Guardian Signature _____ Date _____
Juvenile/Student Signature (1) _____ Date _____
Juvenile/Student Signature (2) _____ Date _____
Juvenile/Student Signature (3) _____ Date _____

Section B: Family Membership (Fee €150)

Names of adult(s): _____ Date Of Birth _____

Names of adult(s): _____ Date Of Birth _____

Name of Juvenile/Student (1) _____ Date Of Birth _____

Name of Juvenile/Student (2) _____ Date Of Birth _____

Name of Juvenile/Student (3) _____ Date Of Birth _____

Name of Juvenile/Student (4) _____ Date Of Birth _____

Address of household _____

Contact Telephone No: _____ (Home) _____ (Mobile)

Email _____

Doctor's Name, Address, Contact No: _____

Include details of any medical condition/allergy/medication/special needs or dietary requirements:

I declare that I and my family are joining Letterkenny Athletic Club of my/our own choosing and that no liability will be placed on the club or committee for any injuries sustained, or for any property lost while training or participating for the club. I confirm that I nor my child/children have no medical disabilities, which would endanger myself, them or others. I have read and accept the conditions and rules set down by Letterkenny Athletic Club for athletes and consent to my child/children training and travelling to events during the active year of membership. I agree to abide by the rules of the club and will ensure that my child/children are aware of same. I understand that any member of my family will be suspended from the Club if he/she is found to be using any facility in the Aura Leisure Centre outside of the athletics track, changing and showering facilities without paying the requisite payment or becoming a member of the Aura Leisure Centre. Please refer to entitlements of Letterkenny Athletic Club members in the Aura Leisure centre at appendix 1.

Parents/Guardian Signature _____ Date _____

Juvenile/Student Signature (1) _____ Date _____

Juvenile/Student Signature (2) _____ Date _____

Juvenile/Student Signature (3) _____ Date _____

**Return to: Paul Lee, Letterkenny AC Club Registrar, Lennon View,
Kilmacrennan, Co. Donegal**

Letterkenny Athletic Club

Permission Form

Travelling with Underage Participants

FOR ALL EVENT DURING THE ACTIVE YEAR OF MEMBERSHIP

Travelling Volunteer

I hereby agree to abide by the guidelines and regulations contained in the Letterkenny Athletic Club Code of Ethics and Good Practice for Sport for Young People.

SIGNED: _____ Role _____

Date: _____

Guidelines for Parents *(See pages 28 – 29 of the Code)*

Letterkenny Athletic Club believes that parents should....

Be role models for their child and maintain the highest standards of conduct when interacting with children, other parents, with officials and organizers.

Always behave responsibly and do not seek to unfairly affect athletic events or other competitors

Never intentionally expose any young participant to embarrassment or disparagement by the use of flippant or sarcastic remarks.

Always recognise the value and importance of the volunteers who provide athletic opportunities for your child. Do not publicly question the judgement or honesty of referees, judges, coaches or organisers. Respect referees, coaches, judges organisers and other athletes.

Encourage your child to participate by the rules. Teach your child that honest endeavour is as important as winning and do all you can to encourage good sportsmanship.

Set a good example by applauding good effort and performance by all participants. Encourage mutual respect for teammates and opponents. Make every effort to remove abusive behaviour and bullying behaviour in all its forms. Please read Bullying Policy on page 14.

Parents Code of Conduct:

1. I will respect the rules and procedures set down in the Letterkenny Athletic Club Code of Ethics for Children in Sport.
2. I will respect my child's fellow athletes, managers, coaches, officials, judges, as well as athletes, parents and coaches from opposing clubs I will encourage my child to treat other participants, coaches, selectors, and managers with respect.
3. I will give encouragement and applaud the accomplishments of my child, his/her club mates, their opponents or the officials.
4. I will respect my child's leader(s) and support his/her efforts
5. I will respect the officials and their authority during sessions and events
6. I will never demonstrate threatening or abusive behaviour in the presence of children or use foul or insulting language.
7. I will ensure that my child is dropped off and collected at the appropriate times
8. I will bring my child to the venue and ensure that there is an Officer of L.A.C. there to receive him/her.
9. I will ensure my child will not use any facility in the Aura Leisure Centre outside of the athletics track, changing and showering facilities without paying the requisite payment or becoming a member of the Aura Leisure Centre.

Signed: _____ Name of Child (ren) _____

Date _____

Section C: Senior Membership (Fee €120)

Name _____ Date Of Birth _____

Address of household _____

Contact Telephone No: _____ (Home) _____ (Mobile)

Email _____

Doctor's Name, Address, Contact No: _____

Include details of any medical condition/allergy/medication/special needs or dietary requirements:

I declare that I am joining Letterkenny Athletic Club of my own choosing and that no liability will be placed on the club or committee for any injuries sustained, or for any property lost while training or participating for the club. I confirm that I have no medical disabilities, which would endanger myself or others. I have read and accept the conditions and rules set down by Letterkenny Athletic Club for athletes training and travelling to events during the active year of membership. I agree to abide by the rules of the club. I understand that I will be suspended from the Club if I am found to be using any facility in the Aura Leisure Centre outside of the athletics track, changing and showering facilities without paying the requisite payment or becoming a member of the Aura Leisure Centre. Please refer to entitlements of Letterkenny Athletic Club members in the Aura Leisure centre at appendix 1.

Signature of Senior Athlete _____ Date _____

Return to: Paul Lee, Letterkenny AC Club Registrar, Lennon View, Kilmacrennan, Co. Donegal

Section D: Senior Membership – Associate (Fee €50)

N.B. This membership is for people who are competing for the club but in non AAI events and who do not use club facilities (This category of membership **is limited** and is usually reserved for athletes ordinarily resident outside the County and **is at the discretion of the Club Committee**).

Name _____ Date Of Birth _____

Address of household _____

Contact Telephone No: _____ (Home) _____ (Mobile)

Email _____

Doctor's Name, Address, Contact No: _____

Include details of any medical condition/allergy/medication/special needs or dietary requirements:

I declare that I am joining Letterkenny Athletic Club of my own choosing and that no liability will be placed on the club or committee for any injuries sustained, or for any property lost while training or participating for the club. I confirm that I have no medical disabilities, which would endanger myself or others. I have read and accept the conditions and rules set down by Letterkenny Athletic Club for athletes training and travelling to events during the active year of membership. I agree to abide by the rules of the club. I understand that this category of membership applies to those athletes who will not be using the club facilities on a regular basis and I confirm that I come under this category. I understand that I will be suspended from the Club if I am found to be using any facility in the Aura Leisure Centre outside of the athletics track, changing and showering facilities without paying the requisite payment or becoming a member of the Aura Leisure Centre. Please refer to entitlements of Letterkenny Athletic Club members in the Aura Leisure centre at appendix 1.

Signature of Senior Athlete _____ Date _____

Return to: Paul Lee, Letterkenny AC Club Registrar, Lennon View, Kilmacrennan, Co. Donegal

Section E: Volunteer Membership (Fee €50)

(Person who does not participate directly in the physical activities of the club eg club steward, coach, officer (non athlete) etc)

Name _____ Date Of Birth _____

Address of household _____

Contact Telephone No: _____ (Home) _____ (Mobile)

Email _____

Doctor's Name, Address, Contact No: _____

Include details of any medical condition/allergy/medication/special needs or dietary requirements:

I declare that I am joining Letterkenny Athletic Club of my own choosing and that no liability will be placed on the club or committee for any injuries sustained, or for any property lost while training or participating for the club. I confirm that I have no medical disabilities, which would endanger myself or others. I have read and accept the conditions and rules set down by Letterkenny Athletic Club for athletes training and travelling to events during the active year of membership. I agree to abide by the rules of the club. I understand that I will be suspended from the Club if I am found to be using any facility in the Aura Leisure Centre outside of the athletics track, changing and showering facilities without paying the requisite payment or becoming a member of the Aura Leisure Centre. Please refer to entitlements of Letterkenny Athletic Club members in the Aura Leisure centre at appendix 1. I understand this membership is for volunteers who wish to assist the club in its activities and does not entitle me to compete in Athletics Ireland Championship Races.

Signature of Volunteer _____ Date _____

Return to: Paul Lee, Letterkenny AC Club Registrar, Lennon View, Kilmacrennan, Co. Donegal

Section F: Introductory Membership (Fee €50)

(This membership is for people who wish to be associated with the club for the purposes of getting fit and may take part in some training sessions, but do not race in Athletics Ireland Championship Races). **However, this membership rate is only for the first year of membership and thereafter, the member must choose one of the category of memberships above. The rate applies to individuals who are new to athletics and does not apply to transferees from other clubs.**

Name _____ Date Of Birth _____

Address of household _____

Contact Telephone No: _____ (Home) _____ (Mobile)

Email _____

Doctor's Name, Address, Contact No: _____

Include details of any medical condition/allergy/medication/special needs or dietary requirements:

I declare that I am joining Letterkenny Athletic Club of my own choosing and that no liability will be placed on the club or committee for any injuries sustained, or for any property lost while training or participating for the club. I confirm that I have no medical disabilities, which would endanger myself or others. I have read and accept the conditions and rules set down by Letterkenny Athletic Club for athletes training and travelling to events during the active year of membership. I agree to abide by the rules of the club. I understand that this category of membership 'Introductory Membership' does not entitle me to avail of the benefits of full membership regarding the use the Aura Leisure Centre without the permission of Letterkenny Athletic Club. To use the Aura Leisure facilities I must make the requisite payment (i.e. full senior membership) or become a member of the Aura Leisure Centre. I understand this membership is for people who wish to be associated with the club for the purposes of getting fit and may take part in some training sessions, but do not intend to race in Athletics Ireland Championship Races but I understand that I will be entitled to with the consent of the club officers.

Signature of Introductory Member _____ Date _____

Return to: Paul Lee, Letterkenny AC Club Registrar, Lennon View, Kilmacrennan, Co. Donegal

Section G: 24/7 Triathlon Club Members – (Fee €50)

N.B. This membership is for people who are registered members with the 24/7 Triathlon Club and who wish to train with the Club and compete for the Club during the period October – March every year. This category of membership **is limited** to 24/7 Triathlon registered members and the membership only entitles a person to train and compete with the Club for the period October – March every year. If a 24/7 member continues to train with the Club after March each year, they will be charged the full membership fee of €120.00 less the €50.00 already paid.

Name _____ Date Of Birth _____

Address of household _____

Contact Telephone No: _____ (Home) _____ (Mobile)

Email _____

Doctor's Name, Address, Contact No: _____

Include details of any medical condition/allergy/medication/special needs or dietary requirements:

I declare that I am joining Letterkenny Athletic Club of my own choosing and that no liability will be placed on the club or committee for any injuries sustained, or for any property lost while training or participating for the club. I confirm that I have no medical disabilities, which would endanger myself or others. I have read and accept the conditions and rules set down by Letterkenny Athletic Club for athletes training and travelling to events during the active year of membership. I agree to abide by the rules of the club. I understand that this category of membership applies to those athletes who will not be using the club facilities on a regular basis and I confirm that I come under this category. I understand that I will be suspended from the Club if I am found to be using any facility in the Aura Leisure Centre outside of the athletics track, changing and showering facilities without paying the requisite payment or becoming a member of the Aura Leisure Centre. Please refer to entitlements of Letterkenny Athletic Club members in the Aura Leisure centre at appendix 1.

Signature of Senior Athlete _____ Date _____

**Return to: Paul Lee, Letterkenny AC Club Registrar, Lennon View
Kilmacrennan, Co. Donegal**

Appendix 1

The following has been agreed between Letterkenny Athletic Club (“LAC”), Letterkenny Town Council (“the Council”) and Letterkenny Aura Limited (“Aura”) for the use of the tartan track and leisure centre building at Sallaghgrane, Letterkenny and to which members of LAC are entitled:.

Tartan Track

- Exclusive use of the tartan track by LAC for training on Tuesday and Thursday nights (6.00pm and 8.00pm) and Sunday mornings (10.00am to 12.00pm) for official club sessions. Outside lane will be kept free for Aura members.
- LAC to be allowed to host athletic events on the track and have access to changing facilities. Exclusive occupation will occur during these events.
- Members have access to the track at all times outside the agreed times (“casual use”). This is to be facilitated through signing in at main reception in the Aura Leisure Centre and going through the main building to access the track.
- Members must respect the track and not cause damage to it.
- Members must adhere to directions from Aura staff.

Leisure Centre Building

- Access to exclusive changing rooms during official club sessions at the rear of the centre. Access is through the gate to the tartan track and in through the rear entrance to the leisure centre.
- At all other times, casual users of the tartan track will have to share changing rooms with other users. Casual users must present themselves at main reception for identification and signing in purposes and must abide by the directions of Aura staff.
- Members are entitled to a 20% discount if they wish to join the centre as full Aura members. Discount also applies for family membership. Members must be a member with LAC for three years before they will become eligible for such discount.
- Members are not entitled to use any other facility in the leisure centre building apart from the above without either becoming a full member of the centre or paying the requisite fee at main reception. A member who are found by Aura Leisure to be using such facilities whilst there as a member of LAC, will be suspended from LAC pending the outcome of a hearing of the Disciplinary Committee of LAC. The constitution of LAC sets out the full procedure and copies of same can be obtained on request from the Chairman of LAC.